

CITY OF CANADA BAY SENIORS BUS TRIPS



Active Adults Newsletter July to November 2018



Welcome everyone to the second program of Active Adults bus trips for 2018!
We hope you have been on some wonderful journeys with us already.

Active Adults Questionnaire

To further improve our Seniors Bus trips programs, Council would appreciate your time in completing the enclosed questionnaire. This allows you a great opportunity to provide your personal feedback about the programs and make suggestions for future outings. Please complete and return to Council with your trip preference form. We value your feedback.

Tours with additional fees

At times, there are additional fees on an outing such as **entry fees, guided tours or catered morning teas/ lunches**. Please be aware when you are allocated a seat for any trip that includes additional fees, **you must pay the additional fee in person on the day**. The standard bus fee is to be paid to Council.

Christmas Luncheon Gathering 2018

The Christmas lunch will be held in December with a date and venue to be advised. You will receive an invitation with all the details a little later in the year.

Did you know?

City of Canada Bay also provides a regular program of bus outings called Bay Connection. These trips are for people over 55 years of age who live at home in the Council area and who may require a little more assistance on outings. The trips are designed for those who would like to get out of the house, enjoy the company of others and travel to a variety of interesting destinations usually within Sydney and close surrounds. Bay Connection trips operate on Tuesdays and Fridays every alternate week. Participants are picked up and dropped back to their home. If you are finding the Active Adults trips a little too 'active' or know of someone who would like to get out and about with support, we have some places available in the Bay Connection groups. For more information, please contact Council on 9911 6243 or visit our website: www.canadabay.nsw.gov.au

Please note: Participants can only be part of the Active Adults Bus Program **OR** Bay Connection Bus Program

Happy tripping everyone!

Important Notes

Please complete the enclosed Trip Preference Form and return to Council. Please note the following:

- Please use the Trip Preference Form by listing your preference from 1 to 5. If you do not wish to attend any particular trip listed in the program, please do not place a preference number beside the listed trip.
- Please return your Trip Preference Form by the due date.
- You will be allocated to your preferred trips subject to availability. Placement on all of your preferred trips cannot be guaranteed. If there are no spaces, you will be placed on the waiting list and notified if a position becomes available. No over-the-counter or phone bookings will be accepted.
- You will be notified by mail of your acceptance for allocated trips.
- Remember that payment for your allocated trips can only be made after you have received a letter confirming your bookings.
- You must pay for **all the trips** you are allocated by the due date to secure your bookings. Your bookings will not be confirmed if you have not paid and preference will then be given to those on the waiting list. If you are paying in person, you can pay at the following:

Civic Centre- Marlborough Street, Drummoyne; **Monday to Friday** 8.30am-4pm
Concord Library; **Wednesdays** between 9:30am – 2:30pm.

If you wish to pay by credit card, please complete the Trip Payment Form. Cheques must be made payable to City of Canada Bay and may be posted to:

City of Canada Bay
Locked Bag 1470, Drummoyne NSW 1470

- Due to the high demand of people wishing to attend the bus trips, we have a waiting list for all of our outings. In order for us to provide an opportunity for those on the waiting list to attend, please ensure you inform us at the earliest convenience if you are unable to attend. Please note you must give at least 24 hours' notice to receive a refund from Council for any cancellations.
- In the event of adverse weather conditions or unforeseen circumstances the scheduled trip may be subject to change. Advanced notice may not be possible.
- If you have questions regarding the Active Adults bus trips please contact **Community Life** on **9911 6243**.

15 June 2018 – Trip Preference Forms due

13 July 2018 – Payment for all allocated trips due

Art Gallery of NSW & Reserve Bank of Australia Museum

Thursday, 19 July



The Art Gallery of NSW has become far more than just a destination for looking at pictures and has evolved into a place of more extended experience: a place to enjoy lectures, films, concerts and performances, a place to meet friends or take part in educational programs or special events. At the time of your visit, the Archibald Prize Exhibition will be on display. Enjoy a few hours experiencing a cultural journey today. There are cafes in the Art Gallery to have morning tea while you are there. Entry to the Art Gallery is free, however if you wish to visit the Archibald Prize Exhibition an additional cost applies: \$18 concession card or \$20 adult entry.

After a morning of culture, your driver will take you to The Rocks where you can choose your own lunch destination. The group will then reunite and visit the Reserve Bank of Australia.

The Reserve Bank is responsible for all aspects of the production and issuance of Australian banknotes. When the new decimal currency banknotes were introduced in 1966, they were thought to contain the most sophisticated security features available. However, a major counterfeiting threat emerged in December that year when forged \$10 banknotes were discovered and made front page news as the “Times Bakery” counterfeit because the horizontal lines on the Times Bakery building (on the back of the note) were not flush with the vertical edge of the building. Today, Australia’s banknotes are printed on a polymer (plastic) material and incorporate a range of security features that are easy for the public to recognize but difficult to copy. You will visit the Reserve Bank of Australia’s museum for an informative and entertaining Reserve Bank of Australia Banknotes presentation after which your guide will take you on a tour through the amazing RBA museum.

What an interesting day ahead! This presentation and guided tour of the museum is also free - unfortunately, there are no free samples!

Bus Departs:

8.30am	Concord Senior Citizens Centre, Cnr Brent and Wellbank St, Concord
8.45am	7-Eleven carpark, Great North Road, Five Dock
9am	Canada Bay Civic Centre, Marlborough St, Drummoyne
Return:	Approx 4:30pm
Cost:	\$25.50 for the bus trip to be paid at Council

Westpac Rescue Helicopter Base

Thursday, 30 August



Since 1975 the Westpac Rescue Helicopter Service has grown from a part-time voluntary summer beach patrol to world-class aeromedical search and rescue operation. The original service was created by the Newcastle branch of Surf Life Saving Australia, as a surf rescue and coastal observation operation during the summer months using a Bell 47 helicopter. It was at this point that Westpac (then the Bank of NSW) formed a partnership that has paved the way for one of Australia's longest and most successful community partnerships.

Wear comfortable clothing and closed in shoes for your visit to the Westpac Life Saver Helicopter Base. During the visit you will be given a video presentation and tour of the base and hangar. You will be shown the equipment and its use, and given an explanation of the aircraft and its capabilities. There will be opportunities for photos to be taken so don't forget your camera. The base also has merchandise for sale.

There is no fee for the visit, however as they are a not-for-profit charity donations are always welcome and strongly encouraged to help keep this vital community service operating.

Please note the presentation will be given on the first floor of the base and there are approximately 20 steps to reach the first floor.

Lunch at the Malabar RSL Club will be an absolute treat on this trip. After lunch, the bus will take you back in to the City for a visit to Barangaroo where you may have a walk along the foreshore before heading home.

Bus Departs:

8.30am	Concord Senior Citizens Centre, Cnr Brent and Wellbank St, Concord
8.45am	7-Eleven carpark, Great North Road, Five Dock
9am	Canada Bay Civic Centre, Marlborough St, Drummoyne
Return:	Approx 4:30pm
Cost:	\$25.50 for the bus trip to be paid at Council

Bowral Tulip Festival

Thursday, 27 September



Drive south today and enjoy the Southern Highlands best known festival - Bowral Tulip Time, the annual spring celebration with thousands of tulips and other flowers in glorious bloom.

After a morning tea stop along the way, you will visit the very popular Corbett Gardens, the centrepiece of the festival. The gardens are mass-planted with over 75,000 tulips, 15,000 annuals and an additional 40,000 tulips planted across the Shire. This year Tulip Time celebrates its 58th festival.

You may choose any of the lunch spots in Bowral before meeting back at the bus for the return journey. The driver will let you know the time and location of the bus for departure. Please be sure to wear comfortable shoes and bring something warm as Bowral can still be a little chilly in September.

Bus Departs:

8.15am Canada Bay Civic Centre, Marlborough St, Drummoyne

8.30am 7-Eleven carpark, Great North Road, Five Dock

8.45am Concord Senior Citizens Centre, Cnr Brent and Wellbank St, Concord

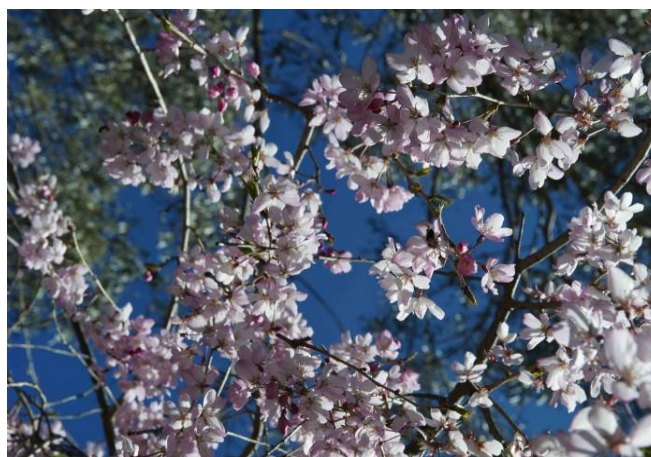
Return: Approx 4:30pm

Cost: \$25.50 for the bus trip to be paid at Council

Additional Fee: \$7 for entry into Corbett Gardens, must be paid in person on the day

Wildwood Garden - Bilpin

Thursday, 25 October



Lovingly crafted over 38 years by Wayne and Sue Tapping, Wildwood Garden presents a glorious collection of cool climate plants in a natural setting. The garden features a cherry walk in peak flower in mid-September, a fragrant Daphne hedge and a magnificent waterfall with ponds as well as a large lake. There are sweeping views across the garden, gravel paths and well-placed sculptures including a delightful sandstone sofa. There is something in bloom to enjoy throughout the year in this garden and it features many rare and unusual plants. Wildwood Garden will open especially for the group today. You may wander through the garden at your own pace then enjoy a scrumptious homemade lunch as part of the group package. Wayne and Sue also have a gift shop and nursery. The gift shop has an exciting selection of decorative ornaments, gifts and furnishings, while the small nursery features plants propagated from those in the garden along with seasonal colour and natives. You will receive a 20% discount off anything you purchase using eftpos or credit card.

Lunch is compulsory and will be pre-ordered, please see next page for set lunch options. If you are allocated a seat on this outing, you will receive a 'Lunch Options Selection Form' with your confirmation letter to be completed and returned to Council.

On your return journey the bus will be stopping at Bilpin Apple Pie Cottage Orchard Cafe where you may wish to purchase some delectable apple pies made from local produce. Bring your camera today!

Bus Departs:

8.15am	Canada Bay Civic Centre, Marlborough St, Drummoyne
8.30am	7-Eleven carpark, Great North Road, Five Dock
8.45am	Concord Senior Citizens Centre, Cnr Brent and Wellbank St, Concord
Return:	Approx 4:30pm
Cost:	\$25.50 for the bus trip and \$27 per person for entry. A total of \$52.50 to be paid to council.

NOTE: You will receive a 'Lunch Options Selection Form' with the confirmation letter to be completed and returned to Council



Wildwood Garden - Bilpin

Thursday, 25 October

LUNCH OPTIONS

\$27 per person (includes main meal, bottomless tea/coffee & garden entry)

- QUICHE** with a choice of fresh garden salad or steamed vegetables.
Your choice of:
1) Salmon & Dill, 2) Chicken & Avocado, 3) Roast Vegetable.
- ZUCHINNI SLICE** (GF) (contains smoked ham). Homemade, light and tasty zucchini slice served with your choice of fresh garden salad or steamed vegetables.
- LASAGNE** With your choice of fresh garden salad or steamed vegetables.
- TASTY PIE** Served with mash potato, peas & gravy.
Choose your favourite pie from our range of:
1) Chunky Beef, 2) Beef Mince, 3) Steak & Mushroom, 4) Chicken, 5) Vegetable.
Chunky beef is 220 gram and all others are 160 grams.

NOTE: You will receive a 'Lunch Options Selection Form' with the confirmation letter to be completed and returned to Council

The Riverboat Postman

Thursday, 22 November



The first Riverboat Postman started the run in 1910 and the tradition continues today. The only difference is the tour now operates under the 'Hawkesbury Cruises' banner. Today's outing will find you cruising on the Hawkesbury Mail Boat (the Riverboat Postman), enjoying the magnificent scenery of the lower Hawkesbury River as they deliver the mail and other essentials to the river-access-only settlements upriver from Brooklyn. All of the skippers are locals who have lived in the area their entire lives. They will entertain you with stories of the river as you cruise up this spectacular water way. They deliver to the settlements of Dangar and Milson Islands, Kangaroo Point, Bar Point, Marlow Creek, Fisherman's Point and Milson's Passage.

Departing at 10am from the Brooklyn Public Wharf, you will have morning tea on arrival, with percolated coffee or a cup of tea and delicious home-made Anzac biscuits. Lunch is served around midday and consists of a very Aussie Ploughman's-style plate with shaved ham, tasty cheese, tomato, zucchini, carrot, mixed lettuce, pickled onions, pickles, fruit chutney, fresh Turkish bread roll, butter and a Italian dressing. The boat is fully licensed and water is always available at the bar.

The boat returns at approximately 1.15pm and the bus will then take you up the scenic drive to Cowan with a stop at Pie in the Sky. Take in the breathtaking views overlooking Brooklyn and the Hawkesbury River. You will have time to enjoy a cuppa and perhaps purchase some of their famous home-made pies to take home with you.

Bus Departs:

8am	Concord Senior Citizens Centre, Cnr Brent and Wellbank St, Concord
8.15am	7-11 carpark, Great North Road, Five Dock
8.30am	Canada Bay Civic Centre, Marlborough St, Drummoyne
Return:	Approx 4:30pm
Cost:	\$25.50 for the bus trip to be paid at Council
Additional Fee:	\$45 for the Riverboat Postman cruise which includes morning tea and lunch, to be paid in person on the day