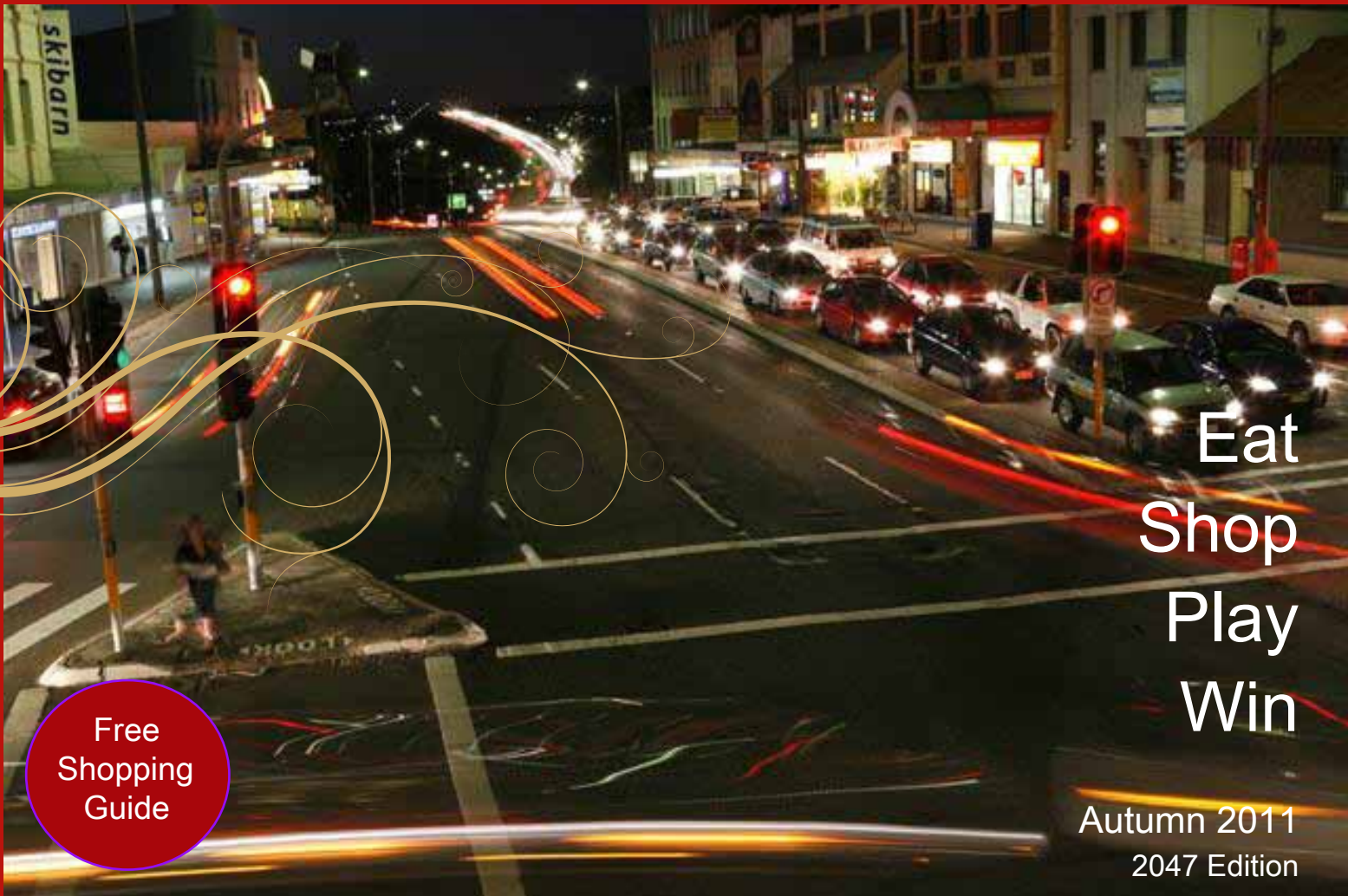


Explore My Village



Eat
Shop
Play
Win

Free
Shopping
Guide

Autumn 2011
2047 Edition

Autumn in *My Village*

Visit one of our many foreshore parks to witness the changing of the season this Autumn.

It's a great time of year to gather with family and friends for celebrations, lazy days, retail therapy and great feasting, and our villages provide the perfect setting for these pursuits.

Explore My Village is a quarterly guide featuring your local businesses and the products, services and activities they offer to enhance your life.

Be the first to receive Explore My Village in your inbox—subscribe at www.go-local.com.au



Mayor Angelo Tsirekas
City of Canada Bay

Your Autumn Calendar

Seniors Week

Wednesday, 23 March - Saturday, 26 March
City of Canada Bay Museum: "Faces in the Street"
- stories by and about everyday people, some who have a claim to fame and others who have just passed us by as we've walked the streets of the City of Canada Bay. There will also be a continuous display of old photographs showing parts of our history, many of which have now disappeared.
For more information contact Lois on 9744 8528 or email chs@concordheritage.asn.au.
W www.concordheritage.asn.au

State Election

Saturday, 26 March

School Holidays

Monday, 11 April - Tuesday, 26 April

Easter

Friday, 22 April - Monday, 25 April

Anzac Day

Monday, 25 April

Mother's Day

Sunday, 8 May

For information on other events in your area, visit the What's On Calendar at www.canadabay.nsw.gov.au.



Your chance to win an iPad!

Spend \$30 at the businesses listed in this directory and go in the draw to win an iPad valued at \$629.



Win Your Own iPad WiFi 16GB. The more you shop at participating businesses the more chances you have at winning this incredible prize.

Enter online at www.go-local.com.au or send your local shopping receipt to Explore My Village Competition, City of Canada Bay Council, Locked Bag 1470, Drummoyne NSW 1470 by 31 May 2011 4pm. Authorised under TPL LTPM/10/00414.



DESTRO'S PHARMACY

Destro's Pharmacy Est. 1980'S

A Cnr Victoria and Lyons Roads, Drummoyne

E health@destropharmacy.com.au

T 9181 2434 F 9719 1205

Open 7 days 8.30am—10.05pm

Health Check:

Holidays Over! School's Back! Work's Back!

Are you stressed? Overtired? Overweight? Sleep deprived?

You don't have to live with it. You have a choice. We can select vitamins and supplements to help minimise and prevent these symptoms.

Beauty Check:

Our skin (largest organ of the body) has different needs from season to season, Have you reviewed your daily skin regime recently? First week of March, we have a Lancome gift you for!

Purchase \$70 of Lancome products and receive a 7 piece 'Love in Paris' gift for free.

SPECIAL OFFER: \$5 voucher for purchases of over \$40 when you present this ad. Limited to one per customer per transaction.



mr smith's interiors

Mr Smith's Interiors Est. 1990

A 141 Victoria Road, Drummoyne

W www.mrsmiths.com.au

E mrsmiths@mrsmiths.com.au

T 9181 4906

Open Mon–Fri 9.30am–5pm, Sat 10am–5pm, Sun Closed

Creators of amazing interiors for your home or workplace. Specialists in:

- All window treatments
- custom made curtains
- blinds
- shutters
- motorised and remote controls
- designer furniture
- customised cabinetry
- upholstery and restoration services

SPECIAL OFFER: First 25 bookings, receive a HALF PRICE Interior Decorating consultation when you mention this offer.



PAUL McCARTHY OPTOMETRIST SPORT SIGHT

www.paulmccarthyoptom.com.au | www.sportsight.com.au

Paul McCarthy Optometrist Est. 1984

A Shop 2 Sutton Place Shopping Centre

Cnr Lyons and Victoria Roads, Drummoyne

W www.paulmccarthyoptom.com.au

E vision@paulmccarthyoptom.com.au

T 9181 3157

Open Mon - Wed, Fri 9am-5.30pm, Thurs 9am-7pm, Sat 8.30am-12noon

Paul McCarthy Optometrist provides outstanding clinical care and service to residents of City of Canada Bay and beyond. We offer comprehensive eye examinations for adults and children (Medicare bulk billing available) and our range of designer, fashion and budget frames & sunglasses suit all lifestyles. Paul's speciality in sports vision Sport Sight provides vision enhancement and protection for sportspeople.



gladesville bridge MARINA

Gladesville Bridge Marina

A 380 Victoria Place, Drummoyne

W www.gbmarina.com.au

E info@gbmarina.com.au

T 9181 2014

Open Mon-Fri 8.30am-5pm, Sat, Sun & PH 9am-5pm

GBM right in the centre of Sydney's magnificent harbour specialize in:

- Slipping and antifouling vessels 50T and 65'
- Electrical repairs
- Shipwright repairs and alterations
- Sterndrive and engine servicing
- Gelcoat repairs, painting and polishing
- Replacement batteries and breakdown assistance
- Marina berths with security and 24hr video surveillance
- Swing moorings with tender service

SPECIAL OFFER: First 20 customers receive free pickup and delivery for all vessels booked for antifoul when you mention this ad.



Easter Egg in Drummoyne!

Sponsored by
DESTRO'S PHARMACY

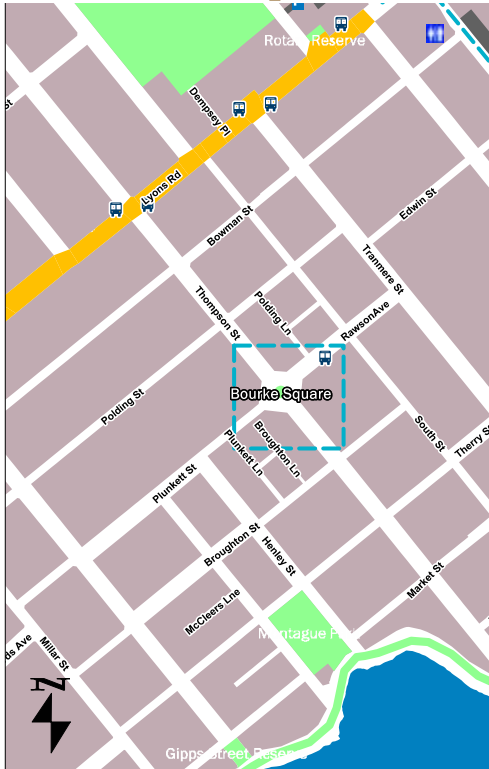
Destro's Pharmacy will be hosting an Easter Egg hunt at a secret location in Drummoyne. Next time you purchase something at Destro's ask for a complimentary ticket for your child to participate. To be eligible you need to spend over \$20. Limit of one ticket per customer per transaction. See in store for details.

Don't forget Mother's Day on 8 May



Mothers are Magical so take some time this year to show your Mum just how Magical she is to you. Lost for gift ideas for your Mum? There are a great range of local businesses featured in this shopping guide who can help you find that perfect gift you have been searching for.

Thompson Street Corner



 Retail Zone
  Green Space
  Bus Stop



Retreat Spa and Beauty Therapy

A 204 Lyons Road, Drummoyne
 W www.retreatspa.com.au
 T 9181 1988

We aim to provide a serene experience, customising hydrotherapy, body and skin treatments, inspiring inner health and outer beauty.

Retreat is a peaceful place where you can forget about the daily stresses, relax and unwind.

We hope you truly enjoy the experience, returning home rested and renewed.

SPECIAL OFFER: Visit the website for great gift ideas, specials and prices.



Artist: Penel Bigg

Aashiya
gallery

Aashiya Gallery Est. 2010
 A 4 Rawson Avenue, Drummoyne
 W www.aashiya.com.au
 F Aashiya Lauran
 E aashiya@aashiya.com.au
 T 9181 5263

Open Tue to Fri 9.30am to 4.30pm and Sat 10am to 4pm or by appointment

Nestled in one of Drummoyne's wide leafy back streets Rawson Ave between the heritage listed water tank and roundabout of Thompson St is a gallery big on Art and Design. Why not come and browse the fine art, unique designed jewellery, shoes, handbags, gifts and more and have a long lunch at the TANK cafe just around the corner.



T.A.N.K.
DELI CAFE

T.A.N.K. Deli Cafe Est. 2006
 A 58a Thompson Street, Drummoyne
 F [tankdelicafe](http://tankdelicafe.com)
 E tankdelicafe@bigpond.com.au
 T 9181 3798
 Open Mon to Fri 7.15am to 4pm, Sat 7.15am to 3pm

A great little cafe in a quiet suburban street, With plenty of on street parking. It offers an extensive brunch menu including a new kids menu. It has seating indoors and outdoors, with a playpen and change room making this a perfect baby friendly / toddler cafe. It also offers a small deli range, take home meals, fresh fruit juices and a great range of gelato. T.A.N.K. Deli Cafe has been awarded 5 Stars Food Safety Rating by Canada Bay Council & 4 Beans by the Coffee Guide.

SPECIAL OFFER: Bring this ad with you. Buy 1 get 1 free



Indian Kitchen
 A 186 Lyons Road, Drummoyne
 T 9719 9361
 Open Tues - Sun 5pm - 10pm

Indian Kitchen has been serving Traditional Indian Food to our Patrons in Drummoyne for the last 14 years. Chef Suman and Chef Govinda work with a passion to satisfy every individual customer and prepare mouth watering food to tantalise your taste buds. Indian Kitchen has been awarded 5 Stars for Food Safety by Canada Bay Council.

SPECIAL OFFER: Bring in this coupon to receive a 15% discount off your total Bill (DINE IN ONLY)

SPECIAL OFFER: Bring this ad with you for 10% off (paintings excluded).

Each shopping precinct has a distinct character and shopping experience - venture a little further and you'll find these great businesses.



CabaritaDental

Caring for you

Cabarita Dental

Dr Vasuki M DeLillo BDS(Syd), FRACDS & Associates

A 15 Cabarita Road, Cabarita
E cabaritadental@yahoo.com.au
T 9736 1803

Open Mon-Fri 9am to 6pm Sat 8am-12pm

Dr Vasuki DeLillo has 20 years of experience in a wide range of dental services and extensive post graduate training in Implant Dentistry, Surgery and Cosmetic enhancement.

Her philosophy is to provide her patients with a 'look good and feel good smile and mouth'.

Her empathy for people, passion for her profession and a great emphasis on care and concern for her patients, she delivers quality Dental care for adults and children, providing pain free, healthy teeth and creating beautiful, confident smiles.

Our Services

Cosmetic dentistry
Advanced tooth whitening systems
Removal of wisdom teeth under sedation

Hygienists focused on prevention
Exceptional care for the elderly and disabled

Integrated health management plan with medical team

Dental Implants
Anxiety management
Quality care for children
Friendly caring atmosphere
Exp. knowledgeable team
Excellence in dentistry & customer care
Wheelchair access, street parking

Cabarita



d'Albora Marinas - Cabarita Point

A 138 Cabarita Road, Cabarita
W www.dalboramarinas.com.au
E cabarita@dalboramarinas.com.au
T 9743 6277 Fax 9743 6270

The Marina is situated in the picturesque Cabarita Park only 8km from Sydney's CBD, featuring a range of 1st class Permanent & Casual berthing options for your boat & many marine related services.

Onsite we have:

- Sanders Water Front Restaurant & Kiosk
- The Thai by the Water
- Pacific Boating Group
- Sydney Boat Hire & Prestige Harbour Cruises
- Maritime Training School
- Q7 Marine Brokerage



Sanders Waterfront Restaurant Est. 1997

A Cabarita Road, Cabarita
W www.sandersrestaurant.com.au
E enquiries@sandersrestaurant.com.au
T 9736 2468

Open 7 days a week in December and bookings are limited.

Sanders is located on top of d'Albora marina giving your unobstructed 270 degree views all over Parramatta River. Our menu is casual fine dining with a modern Australian twist. We cater for a la carte as well as booked out functions and are open Wed - Sun.

Waterfront dining never got so affordable. Sit back, watch the water glow under the summer sun and relax as our \$39 - two course special is the best value deal yet.

For \$39 you will get an entree and main served up Sanders style and at no charge we will throw in the 270 degree water views compliments of the house.

Bookings are limited and need to be made prior to dining.

SPECIAL OFFER: Summer @ Sanders \$39 for 2 course special

Chiswick



RGDANCE

RGDANCE Dance Studio Sydney Est. 2001

A 15-17 Bibby Street, Chiswick
W www.RGDANCE.com
E rgdance@rgdance.com
T 9712 1822

Open Mon - Sat

RGDANCE is a performance training school for boys and girls from the age of 3. Classes are held from beginner to advanced in jazz, tap, ballet, acrobatics, contemporary, hip hop and Glee Club.

RGDANCE is renowned for its unique body conditioning program and as the home of the original Australian Billy Elliot, Winner of Australian Dancer of the Year and Australian Dance Idol.

Five Dock



Art Essentials Picture Framing Est. 2000

A 98 Queens Road, Five Dock
W www.artessentials.com.au
E sales@artessentials.com.au
T 9713 9933

Open Mon-Fri 8.30am - 5.30pm, Sat 10am - 4pm

We specialise in:

- Picture Framing (photos, artworks, tapestries)
- Memorabilia and 3D Object Framing
- Framed Mirrors
- Prints and Posters
- Picture Hanging Systems
- Canvas Stretching
- Bulk Framing for Corporate
- Suzanne Sommer Original Artwork
- Miabelle Enamel Jewellery
- Easy off-street Parking



Caring Funerals and Burials at Sea Est. 1996

A 160 Great North Road, Five Dock
W www.caringfunerals.com.au
E funerals@caringfunerals.com.au
T 9713 1555

Available 7 days a week

Caring Funerals is a fourth generation, 100% Australian family owned and operated funeral home. Our passion for providing exceptional personalised service is shown in everything we do, for each of the families that we are privileged to serve. It is all about easing a difficult time for families. We are here to help you 24 hours 7 days a week.

SPECIAL OFFER: Mention this ad and receive \$15.00 off your next order



CLUB FIVE DOCK RSL

Club Five Dock Est. 1948

A 66 Great North Road, Five Dock

W www.clubfivedockrsl.com.au

F [facebook.com/c5drsl](https://www.facebook.com/c5drsl)

E mail@clubfivedockrsl.com.au

T 9712 2055

Open 7 days 9am – 3am

Centrally located on Five Dock's Great North Road,

Club Five Dock RSL is your club for events, food and entertainment.

Recently refurbished facilities, providing a modern and contemporary feel – award recipient for family friendliness!

Join us for time out, a delicious meal or a touch of fun - Club Five Dock RSL.

SPECIAL OFFER: Join up for 5 years only \$11 and receive \$50 in reward vouchers. Visit our club for more details.

Five Dock



THE FIVE DOCK LEARNING CENTRE

Five Dock Learning Centre

A 225 Great North Road, Five Dock

W www.fivedocklearningcentre.com.au

E fdlc@bigpond.com.au

T 9712 5260

Coaching for Year 7 to Year 12

Individual tuition available on request

Italian language and culture courses



focus4it computers

focus4IT Computers Est. 2006

A Shop 1, 237 Great North Road, Five Dock

W www.focus4it.com.au

T twitter.com/focus4it

E info@focus4it.com.au

T 1300 556 934

Open Mon-Fri 9am - 6pm, Thu 9am - 7pm, Sat 10am - 4pm, Sun - Closed

focus4IT provides Computer repairs, sales and service for your business and home. Our certified technicians can resolve your Computer problems at your premises or you can bring your PCs, Notebooks, Macs and MacBooks to our Five Dock Service Centre. We offer a wide range of computing products at our Computer shop in Five Dock or you can browse through our online store with over 30,000 products to choose from at onlineshop.focus4IT.com.au We also offer IT Project Management and Web Development services for any sized business.

SPECIAL OFFER: Free iPod Shuffle 1GB (2nd Generation) when you have a Health Check on two or more computers. While stocks last, see in store for details.



Insignia DesignCorp Pty Ltd Est. 1991

A Ste 2007, Lvl 2, 118 Great North Rd, Five Dock

W www.insigniadc.com.au

E info@insigniadc.com.au

T 8060 1891

Open Mon to Fri and Sat by appointment

Insignia DesignCorp provides architectural and structural plans for home building, renovations or extensions. Our speciality is new one and two storey homes. Our services include the preparation of plans and project management (if required) for homes, swimming pools, garages, granny flats, retaining walls, dual occupancy homes and town houses. Other services we provide are dilapidation reports and building consulting advice.

We are also experts in the recently introduced NSW Housing Code which may allow you to apply for a quick 10 day building approval without Council involvement.

A new home, renovation, granny flat or swimming pool can be approved in 10 days or less if design meets the criteria of the NSW Government Housing Code. The Housing Code is an alternative to the traditional development application (DA) process saving home owners time and money with less paperwork and quicker approval.



Naked Berry Est. 2006

A Shop 3, 245 Great North Road, Five Dock

W www.nakedberry.com.au

F I-would-LOVE-to-receive-a-NAKED-BERRY

T twitter.com/nakedberry

E gorgeous@nakedberry.com.au

T 0433 388 533

Naked Berry make premium quality, chocolate dipped fresh fruit bouquets. Our fruit bouquets are made fresh to order, carefully crafted with love, to ensure that smiles are brought to the recipients. They come in a variety of designs and sizes to suit any occasion. They are gorgeous to look at and yummy in the tummy.

WOW someone special today!



SKYDOME®

Skydome Skylight Systems

A 77 Queens Road (Cnr William St), Five Dock

W www.skydome.com.au

T 9745 1522

Open Mon - Fri 9am - 5pm, Sat 9am - 1pm

Dark Rooms?

You deserve free natural light!

Established for over 35 years, Skydome is the area's leading provider of natural lighting and ventilation solutions for your home or business. Traditional Skydome Skylights, Skytubes, Skywindows and a range of ventilation options.

Our modern showroom is open Mon-Fri 9am to 5pm and Sat 9am to 1pm.

Skydome – providing energy efficient lighting and ventilation for today's homes.

Business Directory

CABARITA

Cabarita Dental	15 Cabarita Road	Cabarita	9736 1803
d'Albora Marinas – Cabarita Point	138 Cabarita Road	Cabarita	9743 6277
Sanders Waterfront Restaurant	Cabarita Road	Cabarita	9736 2468

CHISWICK

RG DANCE	15-17 Bibby Street	Chiswick	9712 1822
----------	--------------------	----------	-----------

DRUMMOYNE

Aashiya Gallery	4 Rawson Avenue	Drummoyne	9181 5263
Destro's Pharmacy	Cnr Victoria and Lyons Road	Drummoyne	9181 2434
Gladesville Bridge Marina	380 Victoria Place	Drummoyne	9181 2014
Indian Kitchen	186 Lyons Road	Drummoyne	9719 9361
Mr Smith's Interiors	141 Victoria Road	Drummoyne	9181 4906
Paul McCarthy Optometrist	Cnr Victoria and Lyons Road (Shop 2, Sutton Place)	Drummoyne	9181 3157
Retreat Spa & Beauty	204 Lyons Road	Drummoyne	9181 1988
T.A.N.K. Deli Cafe	58a Thompson Street	Drummoyne	9181 3798

FIVE DOCK

Art Essentials	98 Queens Road	Five Dock	9713 9933
Caring Funerals & Burials at Sea	160 Great North Road	Five Dock	9713 1555
Club Five Dock	66 Great North Road	Five Dock	9712 2055
Drummoyne Remedial Therapy	208 Lyons Road	Five Dock	9712 2914
Five Dock Learning Centre	225 Great North Road	Five Dock	9712 5260
focus4IT Computers	Shop 1, 237 Great North Road	Five Dock	8206 7786
Insignia Design Corp Pty. Ltd.	Suite 2007, Level 2, 118 Great North Road	Five Dock	8060 1891
Naked Berry	Shop 3, 245 Great North Road	Five Dock	0433 388 533
Skydome Skylight Systems	77 Queens Road	Five Dock	9745 1522

Shop local and win!

Your chance to win an iPad!

Spend \$30 at the businesses listed in this directory and go in the draw to win an iPad valued at nearly \$700. The more you shop or dine at participating businesses you increase your chances of winning this incredible prize.

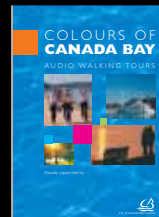
Enter online at www.go-local.com.au or send your local shopping receipt to Explore My Village Competition, City of Canada Bay Council, Locked Bag 1470, Drummoyne NSW 1470 by 31 May 2011 4pm. Authorised under TPL LTPM/10/00414.



Get healthy and win an MP3 player!

Every time you visit a health and wellbeing practitioner listed in the 2010/2011 Health and Wellbeing Practitioner Directory, you have a chance of winning a Canada Bay MP3 Player.

There's one to give away each month. For your chance to win, enter your details at www.go-local.com.au and click on 'Win by Shopping and Dining Locally' Authorised under TPL LTPM/10/00414.



Eat Out Every Week



In partnership with the local food industry, Council invites you to visit one of our local food businesses who have been accredited in the Food Safety Star Rating Project.

Find out where to eat and some special offers at www.eatoutweek.com.au. The offers and the competition are for the period of 1 February and 30 April 2011. In addition, every time you shop or dine at one of these businesses, you have the chance to win one of the great prizes these businesses are offering. For further information, visit a participating business or www.eatoutweek.com.au. Authorised under TPL LTPM/10/00414.

