



Council recently installed 26 Safe-T-Bike racks, providing 52 bike parking facilities at local shopping villages. There is no better time to start shopping by bike! To celebrate the installation of these facilities, Council is hosting two free events (outlined overleaf) and inviting you to Cycle to the Shops and win great prizes from our local businesses!

Shop by Bike

- Exercise while you shop
- No need to worry about finding a parking spot
- It's often easier to carry shopping bags on a bicycle than lug them a long way to your car
- Your local shops and markets get the custom they need to stay open
- Save money on parking and petrol
- Cycling makes it easier to stop and chat with friends, plus you can treat yourself to a coffee with the money you've saved
- Fewer cars on the roads means safer streets, less noise and pollution, and a more liveable neighbourhood

There are many load-carrying options including baskets, panniers and trailers available from local retailers ProBike in Drummoyne and Concord Sports Store in Concord to take home your shopping.

Cycle to the Shops and Win!

Cycle to a participating business and go in the draw to win great prizes. Simply spend \$30, show your helmet and complete the entry form below and leave at a participating business to be entered in the draw. Closes Friday, 26 June 2009. The businesses supporting this promotion are displayed overleaf. For a list of prizes and terms and conditions, visit www.canadabay.nsw.gov.au.

Name _____

Purchase made at _____

Contact number _____

Email _____

Authorised under NSW Permit Number LTPM/08/00447

BE ACTIVE AND CYCLE

Message from the Mayor

With main centres of employment within 10km of Canada Bay and shopping precincts and schools within 3km of all residential properties, isn't it time you reaped the economic, environmental, health and social benefits of riding a bike.

I invite your children and you to attend our free cycling events and encourage you to Shop by Bike.



Mayor Angelo Tsirekas



Free Kids Learn to Cycle Day

Date: Saturday, 23 May 2009 10.30am - 1pm

Venue: Concord Community Centre, Concord

Cost: Free

Bookings essential. RSVP on 9911 6555 or business@canadabay.nsw.gov.au.

The City of Canada Bay is hosting a free 'Learn to Cycle' day for children of primary school age on Saturday, 23 May 2009.

The program includes three elements:

1. Bikewise: A confidence course with obstacles for a challenging and fun circuit for children to ride through. Parents are encouraged to join in with their children. This is not suitable for children still riding with training wheels.
2. Cycleskill: Focuses on different aspects of safe riding.
3. Mechanic Clinic and Coaching Presentations: Learn how to undertake basic bike maintenance and repair. The 30 minute Clinics alternate with 10 minute presentations on helmets, bike set up and transition from training wheels.

This program is facilitated by trained coaches. Bicycle NSW and Ride 2 School will have information and giveaways available on the day. Light refreshments and prizes will be provided on the day. Places are limited.

Ride2School and ABC Local Radio Competition

Supported by local Mortlake business, Derivan

Closing date Friday, 29 May 2009

Students are invited to design artwork for a helmet that will stand out from the crowd. Competition is open to all school students in NSW. Great prizes to be won. To enter visit www.bicyclensw.org.au



Free Cycle Breakfast

Date: World Environment Day - Friday, 5 June 2009 at 7am

Venue: Pane e Vino, 50 Mortlake Street, Mortlake

Cost: Free

Bookings essential. RSVP on 9911 6555 or business@canadabay.nsw.gov.au.

Join Mayor Angelo Tsirekas in launching the new Safe-T-Bike racks. Community members who are interested in learning more about shopping by bike are invited to attend this free breakfast.

Council's 2009 Sustainability Awards will also be launched at this event.

To reserve your place contact Council on 9911 6555 or email business@canadabay.nsw.gov.au. Places are limited.



Renaissance Boutique



Cycle and Meet New Friends

Join BayBUG

BayBUG promotes the use of bicycles for transport and recreation. It also provides regular social rides within the City of Canada Bay and weekday commuter rides. If you wish to find out more information contact BayBUG on 8765 9719 or visit www.baybug.org.au.

