



City of Canada Bay Council

Bayside Brief

City of Canada Bay Council Newsletter
MARCH 2005 ISSUE 24



Mayor **Angelo Tsirekas**

Graffiti

In a bid to put a stop to graffiti in the local area, the City of Canada Bay Council resolved to allocate further resources for the removal of graffiti in the local community.

In the last 12 months, there were over 600 incidents of graffiti reported and removed on Council assets alone which is equal to the vandalism of over 2000 square metres of property.

Council resolved at its last meeting to remove any graffiti from private property with the consent of the owner. The removal cost will be shared equally by Council and the respective property owner. The resolution was made following a Council decision to improve on the time it takes to remove graffiti from both Council and private property.

Within the City of Canada Bay we are doing our best to maintain our local environment. I'm sure that the allocation of more resources and the development of our current graffiti strategy will receive a lot of support from the local community.

Rotary Centenary

Celebrations to mark Rotary's Centenary on Wednesday, 23 February are still underway.

Following on from the Jazz and Blues Festival on 6 March Council is hosting a special Rotary Citizenship Ceremony on 10 March as well as a recognition awards ceremony to honour the members of the Concord, Drummoyne, Five Dock and Haberfield Clubs which meet in our local area. There are over 100 members in these clubs that work tirelessly and it is their dedication and ongoing commitment that is a real asset to the local community.

Rotary's outstanding achievements have not just been recognised locally. A letter from the Premier's Department was accepted by Council on behalf of Rotary congratulating them on their outstanding achievements over the last 100 years.



Premier of New South Wales
Australia

MESSAGE FROM THE PREMIER

On behalf of the Government and the people of New South Wales I congratulate Rotary International in its centennial year.

During a century of philanthropic work, Rotary has built a strong reputation for promoting peace, mutual understanding and goodwill across six continents through its humanitarian, educational and cultural exchange programs.

Rotary's promotion of ethical business practice, public service before self-interest, and the peaceful resolution of social conflict serves as a reminder that individuals can make a difference if we work together.

Rotary deserves a special commendation for its important work with local communities to provide better social amenities, its promotion of the development of youth leadership, and its valuable assistance to the victims of war, disease and natural disaster in the developing world.

I congratulate Canada Bay Council for taking the initiative to declare 23 February 2005 'Rotary Day', and for flying the Rotary flag to commemorate the Centenary of Rotary International. The hard work and dedication of Rotarians from the Rotary Clubs of Drummoyne, Haberfield, Concord and Five Dock is to be commended.

The NSW Government is pleased to have supported the efforts of local Rotarians and other community members over the last decade on the Kokoda Track Memorial Walkway.

I wish Sydney Rotarians all the best for your Gala Dinner and the hundredth birthday celebrations.

Bob Carr
Premier

Sister City Relationship

AdoptSriLanka is an organisation that is helping the people of villages along Sri Lanka's southern coast, following the tsunami on December 26, 2004.

AdoptSriLanka are currently running a number of initiatives to assist the community, fishing and tourism industries. One of AdoptSriLanka's current campaigns is the Adopt a School Program which aims to rebuild damaged schools and develop long term programs of assistance.

On Sunday, 13 February, Dr William McKeith, Principal of Presbyterian Ladies College, Sydney travelled to Sri Lanka on behalf of AdoptSriLanka to prepare profiles and take photos of more than 20 schools to determine what needs to be done to re-establish the area, schools and orphanages.

The information gathered by Dr McKeith will be used by AdoptSriLanka to match those Australian schools who wish to adopt Sri Lankan schools as closely as possible with regard to size, pupils' ages and any other particular features or characteristics. The Adopt a School project is a way for schools to become involved in the long-term relief.

As part of Council's sister city relationship we are working closely with AdoptSriLanka to establish educational links between our schools and the schools in Galle. The relationship will allow us to develop ties and build relationships in Sri Lanka to support, rebuild and re-establish the community.

For more information about AdoptSriLanka visit www.adoptsrilanka.com.



Dr William McKeith and
Mayor Angelo Tsirekas

His Excellency Archbishop Monsignor Giovanni Marra



On Thursday, 17 February Council hosted a special afternoon tea to welcome His Excellency Archbishop Monsignor Giovanni Marra to the City of Canada Bay.

Visiting from Messina, Italy, the Archbishop was on a 9 day pastoral visit of Sydney and was special guest at the Saint Bartolomeo Festival held in Five Dock Park in February.

His Excellency Archbishop Monsignor
Giovanni Marra and Mayor Angelo Tsirekas

Seniors Week



Council's Road Safety Officer, Naomi Green, Mayor Angelo Tsirekas and Council's Waste Contract Coordinator, Sharon Faulkner

Speeding In Your Local Street?

Residents are encouraged to remind motorists driving in their local streets that the speed limit is 50 km/h.

Bin stickers with the message *Slow Down 50 in my street* have been produced for Canada Bay residents to place on their garbage, recycling and green waste bins to remind motorists to slow down.

Stickers are available from the Council offices at Drummoyne and Concord, the depot at Five Dock or at any of the three Council libraries.

Council Administration Centres:

1a Marlborough Street, Drummoyne
Cnr. Wellbank and Flavelle Streets, Concord

Concord Branch Library

Cnr. Wellbank & Bent Streets, Concord
Tel: 9736 4732

Concord West Library

283 Concord Road, Concord West
Tel: 9736 4728

Five Dock Library

Level 1, 4-12 Garfield St Five Dock
Tel: 9911 6310

Free Residential Energy Audit & Retrofit



Residents who participate in the program will receive 6 Energy Efficient Globes, Water & Energy Efficient showerhead, Kitchen tap aerator, Door Seal, Cistern Converter and a door draft excluder.

Seniors in Canada Bay are being encouraged to take up exercise as part of Seniors Week from March 13-20.

On Thursday, 10 March from 1pm - 3pm Concord Community Centre will be hosting a Physical Activity Expo for Seniors' with lots of information from local activity providers about what is on offer in Canada Bay.

Keeping fit and healthy is important for everyone. Regular exercise can help you feel better and give you more energy to do the things you enjoy doing. It improves

muscle strength, balance, bone strength and flexibility. It can help control weight, blood pressure, blood sugar level and cholesterol. By keeping active, older people can prevent falls and be more independent.

Seniors are invited to come along talk to providers, gather information and meet new friends. There will be a range of information about what's on offer in the local area including information on exercise classes, bowls, swimming, aerobic exercise, yoga, line dancing and plenty more.

Seniors Week Calendar of Events

Date/Time	Event	Information
Thursday 10th March 1 pm-3 pm	Physical Activity Expo Concord Community Centre Tel: 9911 6587	demonstrations and displays by local providers.
Saturday/Sunday 12- 13th March 10.30am-3.30pm	Concord Autumn Flower, Floral Art & Vegetable Show Concord Community Centre Tel: 9558 1209	Entries for show close 10 March. Plant, craft & white elephant stalls.
Monday 14th March 10 am-12.30 pm	Morning of Music Greenlees Bowling Club, Concord Tel: 9911 6580	Morning tea provided. Bookings essential.
Wednesday 16th March 10 am-2 pm	Harbour Cruise \$10 limited tickets Purchase from Council Administration Centres Tel: 9911 6580	Pick up from Chiswick and Cabarita wharfs.
Wednesday 16th March 10 am-12 noon	Seminar "Grandparents Day" Drummoyne Community Centre Tel: 8719 8102	Come and share morning tea and chat with men and women who take an active role in caring for their grandchildren
Thursday 17th March 2 pm-4 pm	Seminar "Modern Banking" Council Chambers, Drummoyne Tel: 8765 8023	Come and find out how to use an ATM and dispel any myths you may have about using one
Friday 18th March 1 pm-4 pm	Computer Seminar Concord Senior Citizens Centre Tel: 9743 1243 or 9713 6565	Topics covered include a beginners introduction to computers, internet, digital cameras, genealogy and lots more.
Monday 21st March 1 pm-5 pm	Creative Expo Day Concord Senior Citizens Centre	How creative are you? Come and see displays and information from local groups.
Monday 21st March	Creative Writers Presentation Concord Senior Citizens Centre Tel: 9911 6587 or 9743 4171	Entries for Writer's competition closes 8 March.
Wednesday 23rd March 10 am-2 pm	Picnic in the Park Rhodes/Rotary Park Tel: 9747 1135	Come and enjoy a bbq lunch and entertainment by the Wallbabies. Bookings essential

The City of Canada Bay Council has received funding from the Australian Greenhouse Office (AGO), in conjunction with the International Council of local Environmental Initiatives (ICLEI), to undertake a residential energy audit & retrofit program for 50 homes in the City of Canada Bay. Residents who participate in the program will receive 6 Energy Efficient Globes, Water & Energy Efficient showerhead, Kitchen tap aerator, Door Seal, Cistern Converter and a door draft excluder. Each household will save at least 1.5 tonnes of greenhouse per year!

To express your interest in this program, tell us in approximately 25 words, why you would like a free energy audit and energy efficient retrofit in your home. Send your application to Council's Environmental Projects Officer Emma Montgomery, at the City of Canada Bay Council, Locked Bag 1470, Drummoyne NSW 1470. For more information call Emma Montgomery on 9911 6555.

A trip to Victoria Road is a venture into any trendy lifestyle magazine. The business offers visitors a chance to experience home, health and leisure time transformations. The concentration of specialists on Victoria Road is what sets it apart from other similar shopping strips.

Remodel your spare time: messing around on the water



Victoria Road has plenty on offer to lift up your leisure time. From sailing and snorkelling to angling or scuba diving, Drummoyne can meet your needs. These expert marine retailers can give advice and service to enhance your hobbies.

Victoria Road is literally surrounded on three sides by water and any trip to the strip should be extended to take a view of the vista.

For those who don't want to get their feet wet you are not left out, there are interest shops for home brewing, entertainments, dancing and a great choice of waterfront bars and restaurants.



Home improvement

ware and Interfar meeting the needs of home renovators.

On offer are simple pine shelves to ancient Chinese antiques from the 12 furniture stores. For the kitchen you can create a whole new look from *Franqui Kitchens*, *Country House*, *Kleenmaid* or *Impala Kitchens* and compliment these changes with the perfect finishing touches. A designer sink as featured in *Delicious* magazine available at *The Sink Warehouse*, chic tiles from *Style Tiles* and even an Aga stove all the way from Europe. (Victoria Road boasts the only sales point for Aga in Sydney).

All renovations require a plan and there are a number of planning experts for hire including the speciality agency the *Plan Shop*. The gardening and landscape experts based here cover a range of needs and include the Blue cross pool shop and Kenny's Mowers. Specialist services include the *Sydney Ventilation Systems*, *Top Flooring Store*, and recent addition the *Hanalon Window* specialists.

Victoria Road can illuminate your improvement ideas featuring two lighting stores and multinational lighting consultants *Light Matters*. Use light to show off the unusual in your home. You are sure to find the perfect decorators finishing touch along the strip. Take a look at *Mr Smiths* which has offered a decorating service for over 25 years and offers the full range of interior



decorating supplies to meet all your needs. Check out *Jody Pawley Sculpture and Gallery* to find that finishing piece or invest in a Roman shield or helmet used in a battle scene from TV dramas such as *Zena: Warrior Princess* from the curio-shop.

For a *Renovator Brochure* please call Stephanie Kelly, Project Officer - Economic Development 9911 6521.

Personal renovation

The Victoria Road strip has a hidden talent for looking after you. There is a range of health and wellness businesses in the strip that can help you tackle any irritating pain or injury, alongside encouraging more positive and healthy lifestyles.

Solutions for pain and injury is home to a range of professionals from chiropractors, nutritionists, hydro-therapists, counsellors, and pilates experts. Across the road are a range of doctors, dentists, dermatologists, gynaecologists, physiotherapists and remedial massage therapists.

The three thriving pharmacies along the strip all offer conventional and complimentary treatments and can help you find supplements, cures and treats to support your wellness plan.

Drummoyne is also home to award winning gym Gilly's below The Rowers looking at the water to pick up the spirit as well as the heart rate. And right next door is the award winning Bay Run following the Iron Cove bay and ensuring that every one can feel the benefits of fresh air and exercise.

But a healthy life is about feeling good too and a dedicated spa recently opened, Phyt's La Naturo- esthetique, which offers a range of spa treatments using organic products to revive the body and spirit. There are other beauty heavens on the strip alongside four hairdressers and a speciality hair removal clinic.

Check out the opportunities for a body boost now.

The Golden Deli

Foodie Feature

Where	The Golden Deli 177 Victoria Rd Drummoyne NSW 2047 Tel: 9181 2124
Speciality	The full deli range
Opening Hours	Mon - Fri 6.30am - 4.00pm Saturday 6.30am - 3.00pm
Reviewer selection	New Yorker on Turkish Bread, Blueberry Muffin
The experience	This bustling deli offers great food and character. The deli is a fun place to lunch. It captures what is special about New York's deli culture but with great quality Australian food. The menu has influences from the big apple with selections such as the New Yorker, Hot Kranski Roll and stacked burgers. The décor features a long counter full of tempting tasty food to eat in or take away. The staff are fast and friendly. There are plenty of papers and mags to read and local art on the walls to enjoy. I savoured a New Yorker on Turkish which combines chicken bacon, cheese and fresh tomatoes. It's a tasty combination that really fills you up. I followed it up with a moist and juicy oversized blueberry muffin washed down with a great tasting coffee. The whole meal was delicious and satisfying. The Golden Deli is a bit of an institution to the people who work along Victoria Road but is yet to be discovered by many residents. It is definitely worth a visit sometime for a tasty treat.

Did you know...

- Drummoyne boasts one of the best tartan stores in NSW, The Scottish tartan house where Mr Fergus will help you find the tartan to best represent your clan.

Drummoyne is full of fun with one hotel, two bottle shops, four clubs, eight styles of restaurant and takeaways.

Victoria Road is one of Sydney's main transport routes, used by over 83,000 vehicles per day. It has an excellent bus service from three directions and two ferry stops at the north and south of the strip. There is FREE 2 hour parking in Formosa Street and on Marlborough Street provide easy access to the strip.

Community Update

International Women's Day Business Breakfast

Council will be hosting a very special business breakfast at Concord Golf Club on Tuesday, 8 March 2005 in celebration of International Women's Day. The event is being organised in conjunction with Canada Bay Lions Club and with support from the NSW Premier's Department, Office for Women. The business breakfast is open to residents and business women in the City of Canada Bay. Guest speaker at this event is award winning, network specialist Robyn Henderson. Robyn will be talking about networking in business, networking with employees and within the community. Guests who attend the breakfast will receive one of Robyn's books - *How to Master Networking or Network or Perish*. A nominal fee will be charged and there will be bursaries for women returning to work or who are unemployed. Spaces are limited. To book a place call Council's Project Officer - Economic Development, Stephanie Kelly on 9911 6521 or email stephanie.kelly@canadabay.nsw.gov.au

Swimathon

Drummoyne Swimming Club, in conjunction with the Drummoyne Water Polo Club and the Leukemia Foundation are hosting a swimathon to raise money for Leukaemia research.

The event is being held at Drummoyne Pool on Saturday, 12 March from 10am - 1pm. If you would like to participate please email Phil Hayward for a sponsorship form phil@haywards.com.au.

Grandparents Day

On Wednesday, 16 March grandparents are invited to meet at the Drummoyne Community Centre to share in a morning of exploring the aspects of caring for grandchildren. It is a chance to meet others in the same boat, share experiences, look at some coping strategies and discuss how to have more fun too. There will be presentations by the Council of the Ageing (C.O.T.A.) Relationships Australia, Early Childhood Centres, Occasional Child Care and Inner West Family Support. There will be workshops covering relationship issues, coping strategies, play and childcare options in the Inner West. Morning tea will be provided. It is essential to book as numbers are limited. Contact Ros or Helen at the Community Centre on 9719 8102 if you wish to attend and let us know if you need childcare and/or an interpreter. If you are interested but cannot attend this day please register your interest as further programs may be offered.

English Literacy and Language Class

Do you have difficulty reading or writing? Want to improve your literacy skills? Then come along to a small and supportive English Literacy and Language Class. Classes will cover reading, writing and conversation skills with a qualified English Adult educator. The classes are for anyone having difficulty with reading or writing English. If you are a new resident from another country it can be a challenge to learn English and this program will offer practical help. Classes are being held every Thursday until 7 April from 10am - 12 midday at the Concord Community Centre. For more information or to register for the classes contact Ros Lance on 9719 8102. Please note that there is a small fee for these classes.

Drummoyne Community Centre Summer Program

The Drummoyne Community Centre Summer program is out now. There are a variety of workshops scheduled that will interest everyone. You'll find everything from Antonio Vivaldi, to meditation, creative writing and grief and loss. For more information call the Drummoyne Community Centre on 9719 8102.

To contact Council phone 9911 6555, email council@canadabay.nsw.gov.au or via mail to The General Manager, City of Canada Bay Council, Locked Bag 1470, Drummoyne 1470.

YOUR COUNCILLORS



Angelo
TSIREKAS

Mayor



Neil
KENZLER

Deputy Mayor



Michael
CANTALI



Tony
FASANELLA



Michael
MEGNA



Helen
McCAFFREY



Marian
O'CONNELL



Jeanette
O'HARA



Bernard
ROONEY

To send an email message to your councillor use:
firstname.lastname@canadabay.nsw.gov.au