

Support Services

Emergency Food Relief

Service	Address	Contact	Details
Exodus Foundation	180 Liverpool Rd, Ashfield	8752 4600	Pre-packaged hot meals and food parcels, medical support, access to short-term housing.
St Merkorious Charity	3/6-20 Braidwood St, Strathfield	0478 760 450 9799 9954 Charity@StMerkorious.com.au	Food hampers and cooked meals delivered.
Abbotsford Food Pantry	The Abbotsford Presbyterian Church, 443 Great North Rd, Abbotsford	carmelruggeri@gmail.com	Food Pantry available from 2-4pm on Tuesdays, Thursdays and Sundays (*until at least the end of Sept 2021). Locals in need can come shop for groceries for free.
St Bede's Anglicare Mobile Food Pantry	St Bede's Community Hub 14 College St, Drummoyne	9181 1653 office@stbedes.com.au	Every second Wednesday 10-11am. Check the website for dates.
Rapid Relief Team	The Precinct, Level 6, 10 Herb Elliott Avenue, Sydney Olympic Park	1300 858 208 action.au@rrtglobal.org	Food Parcels delivered for people in lockdown, isolation and quarantine.
St Vinnie de Paul Food Services	2C West St, Lewisham	13 18 12	Emergency food packages delivered.
Sydney Food Share		Via Facebook	Food parcels tailored to needs.

Emergency Relief Vouchers

Service	Address	Contact	Details
Exodus Foundation	180 Liverpool Rd, Ashfield	8752 4600 info@exodusfoundation.org.au	Emergency relief vouchers.

Anglicare		1300 111 278	Emergency food assistance and vouchers.
Burwood Community Welfare Service	2 Wyatt Ave, Burwood	9744 1866 info@bcw.org.au	Emergency relief voucher.

Meals on Wheels/Food Service

Service	Address	Contact	Details
Inner West Meals on Wheels		9747 1135 delivery@bcw.org.au	Pre-prepared meals delivered to vulnerable people.

Financial Support

Service	Address	Contact	Details
COVID Disaster Payment		180 22 66	Financial support if you're out of work due to the NSW COVID-19 public health order.
Household Relief Loans Without Interest		1300 121 130 or 13 64 57	Household Relief Loans Without Interest for those affected by the coronavirus pandemic – along with a free COVID Hardship Support Hotline.
Financial Counselling Australia		1800 007 007	Financial counselling and support.

COVID-19 Information and Support

Service	Address	Contact	Details
National Coronavirus Helpline		1800 020 080	24-hour helpline.
Older Persons COVID-19 Support Line		1800 171 866	The Older Persons COVID-19 Support Line provides information and support to senior Australians, their families and carers. Call Monday to Friday, except public holidays, from 8.30am to 6pm.
Sydney Olympic Park vaccination information			
General vaccine information			
NSW Transport COVID Updates		131 500 https://transportnsw.info/contact-us	COVID-19 information and updates relating to public transport.
Beyond Blue Coronavirus Mental Wellbeing Support Service		1800 512 348	Trained counsellors available 24/7.
Head to Health COVID-19 Support	National		A webpage dedicated to the impact of COVID-19 on mental health and how to manage: https://www.headtohealth.gov.au/covid-19-support/covid-19-support

Transport (for accessing medical services and some shopping)

Service	Address	Contact	Details
Drummoyne Community Centre	10 Cometrowe St, Drummoyne	9719 8102 info@dcc.org.au	Support with shopping and transport medical appointments, booking required.
Sir Roden Cutler & Lady Cutler Foundation Transport	138 Majors Bay Rd, Concord	1300 747 763 8765 8661	Support transport to medical appointments, booking required.

Access Sydney Transport		8241 8000	Support with transport for medical appointments and other personal matters, booking required.
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Social Isolation

Service	Address	Contact	Details
Touched By Olivia Foundation	4 Roseby St, Drummoyne	0414 506 606 justine@touchedbyolivia.com.au	Support vulnerable people.
City of Canada Bay Call Support Register		9111 6555 9121 00005 Support@canadabay.nsw.gov.au	Sign up to receive regular welfare check-in calls from our Community Services team.

Mental Health Assistance

Service	Address	Contact	Details
Lifeline		131 114	24/7 crisis support.
Beyond Blue Coronavirus Mental Wellbeing Support Service		1800 512 348	Trained counsellors available 24/7.
Concord Centre for Mental Health		9767 8800	A mental health centre covering a range of services including acute mental health unit, child/adolescent unit, intensive psychiatric care etc.
Head to Health	National		Mental health information and resources from trusted providers.

Homelessness/Housing

Service	Address	Contact	Details
Link 2 Home		1800 152 152	Information and referral telephone service.
Wesley Mission	Inner West		Emergency accommodation, support service and solutions for the homeless, housing to individuals and families on low to moderate incomes.
Youth Off the Street		1800 06 22 88	Short-term accommodation 12 to 25 years old experiencing homelessness.
Housing Contact Centre		1800 422 322	For housing support, visit facs.nsw.gov.au/housing

Domestic and Family Violence

Service	Address	Contact	Details
NSW Domestic Violence Line		1800 65 64 63	24/7 crisis support for people experiencing DFV.
1800 Respect		1800 737 732 Interpreter 13 14 50	24/7 crisis support for people experiencing DFV.
Men's Referral Service		1300 766 491	Phone support for men.
Men's Line		1300 789 978	Advice, counselling and support for men.
Relationships Australia		1300 364 277	Relationship support and counselling.

Vulnerable People

Service	Address	Contact	Details
Elder Abuse Helpline		1800 353 374	Support for older people experiencing abuse.
Seniors Rights Service		1800 424 079	Support older people with advocacy and services including my aged care.
Kids Helpline		1800 551 800	24/7 crisis line for children and young adults.

Disability Information Helpline		1800 643 787	Helpline for people with a disability.
Headspace		1800 650 890	Information and resources for a wide range of mental health issues, help for young people (12-25) and their families.
Metro Assist	59-63 Evaline St, Campsie	9789 3744	Settlement Services, tenancy advice, language assistance for culturally diverse community.
Ethnic Community Services Co-operative	142 Addison Rd, Marrickville	9569 1288	Provides multilingual services and support to the community.
Q Life LGBTQI+		1800 184 527	Support for LGBTQI+ via phone or webchat from 3pm-12am.
Refugee Council of Australia			Factsheets, support and information for refugees, people seeking asylum and people on Bridging Visa.